



Junior Eagle Journal

Your Source for News from O'Neill Elementary School
May 2023



Enjoy the Break

90 Days. That is the time between the last day of the 2022-23 school year and the first day of the 2023-24 school year. That sounds like a lot of time off, but in all reality it is not. Eighty-nine calendar days is roughly the equivalent of the beginning of the school year to Thanksgiving Break.

During those 90 days there will be work, baseball & softball games, swimming lessons, vacations, summer school, Independence Day, County Fair, and many other things, which will make those 90 days feel like nine.

With all that said, I encourage all of you to make sure to take time to recharge with your family. This can be simple, spend time outside, go to a ballgame, go on a picnic, read a book together as a family, go to the library, go swimming, go camping, or anything else that makes your family happy.

This time to recharge will help your children and you be prepared for the sprint that is the school year. Enjoy your Summer break and I will see you in August!

Thank you,

Mr. Jim York

Principal, O'Neill Elementary School

A Few Announcements...



- Please remember that school starts promptly at 8:00 am. Students should be in the classroom by this time. We ask that all students are dropped off by 7:55 to make sure they are on time.
- If your child is/will be gone from school, please contact the office so we can know about your child's whereabouts.
- Many of our students have been wearing sweatshirts to school on a regular basis, which is great. But, after two or three days of continuous wear, the sweatshirts can become dirty and a bit smelly. Please remember to wash those sweatshirts periodically.

Eagle Way Minute



The Eagle Way isn't just an expectation at school. It's also an expectation throughout life, including on the playground and at the park. That said, here are some tips for doing things the Eagle Way during play time.

- Be Safe-Make sure the surroundings are safe to play.
- Be Respectful-Put away what I take out.
- Be Responsible-Show good sportsmanship.

Upcoming Dates

May 2nd---5th and 6th Grade Spring Concert @ 7:00 Elementary Gym

May 3rd---4th Grade Field Trip

May 5th---3rd Grade Field Trip

May 8th---Junior Eagle Boosters @ 5:00 pm

May 10th---1:30 dismissal for Staff Appreciation Event (NO PRESCHOOL ALL DAY)

May 11th---Preschool Graduation @ 6:00 in Elementary Gym

May 12th---1st & 6th Grade Field Trips

May 15th---5th Grade Field Day AND last day of Preschool

May 16th--- 3-6 Grade Track Meet @ 10:00 am

May 17th---K-2 Awards Ceremony @ 8:30 am & K-2 Grade Track Meet @ 10:00 am

May 18th---3-6 Awards Ceremony @ 8:30 am followed by 6th grade goodbye video & Last Day of School 1:30 pm Dismissal

TRACK & FIELD DAY COLORS!

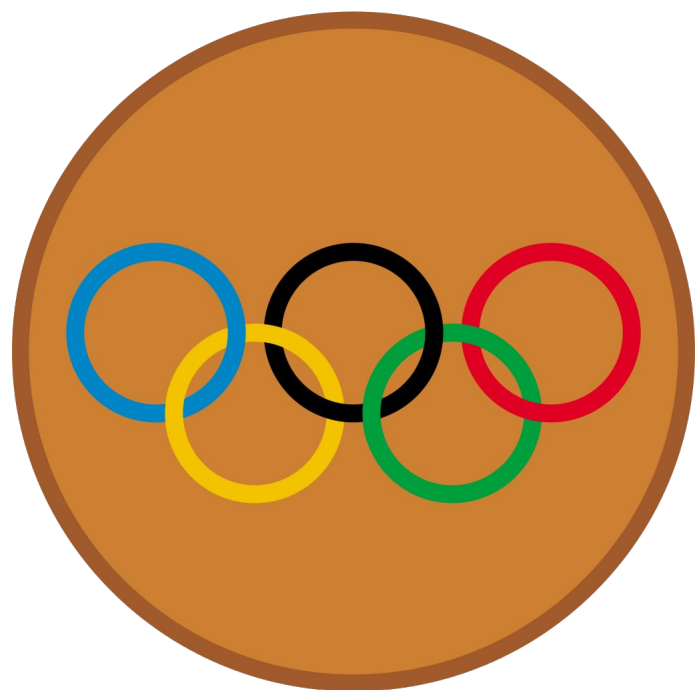
In order to help keep the track and field days running smoothly, we are asking that students wear the colors assigned to their classes. The colors are listed below.

May 16th

6th Grade-Blue
5th Grade-Green
4th Grade-Red
3rd Grade-White

May 17th

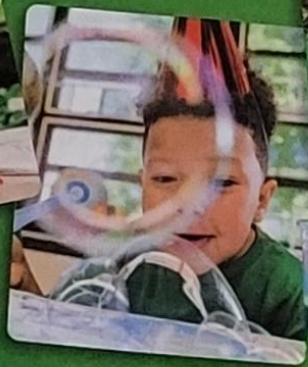
2nd Grade-Red
1st Grade-Green
Kindergarten-Blue





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FOR 3 OR MORE SIBLINGS

O'Neill Elementary, Grades PK-6

2022-2023 Breakfast, Grades K-6

May 2023

01	02	03	04	05
<p>Entree</p> <ul style="list-style-type: none"> * Pancake Sausage Stick * Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> 100% Fruit Juice Sliced Peaches <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> * Iced Long John * Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> 100% Fruit Juice Mixed Fruit Cocktail <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> * Fresh Baked Egg & Cheese Biscuit Sandwich * Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> 100% Fruit Juice Fresh Orange Slices <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> * French Toast Sticks with Syrup Dipping Sauce * Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> 100% Fruit Juice Applesauce <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> * Fresh Baked Cinnamon Roll * Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> 100% Fruit Juice Pineapple Tidbits <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk
08	09	10	11	12
<p>Entree</p> <ul style="list-style-type: none"> * Waffles with Syrup * Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> 100% Fruit Juice Applesauce <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> * Muffin Top & Yogurt * Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> 100% Fruit Juice Mixed Fruit Cocktail <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> * Bacon & Egg Breakfast Pizza * Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> 100% Fruit Juice Fresh Orange Slices <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> * Pancake and Sausage Links * Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> 100% Fruit Juice Sliced Peaches <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> * Fresh Baked Cinnamon Roll * Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> 100% Fruit Juice Pineapple Tidbits <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk
15	16	17	18	19
<p>Entree</p> <ul style="list-style-type: none"> * Fresh Baked Egg & Cheese Biscuit Sandwich * Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> 100% Fruit Juice Applesauce <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> * Fresh Baked Biscuits and Gravy * Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> 100% Fruit Juice Mixed Fruit Cocktail <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> * French Toast Sticks with Syrup Dipping Sauce * Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> 100% Fruit Juice Fresh Orange Slices <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> * Maple Long John * Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> 100% Fruit Juice Sliced Peaches <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> Summer Meals Coming Soon! <p>Misc.</p> <ul style="list-style-type: none"> No School

O'Neill Elementary, Grades PK-6

2022-2023 Lunch, Grades K-5

01	02	03	04	05
<p>Entree</p> <ul style="list-style-type: none"> * Beef Taco in a Bag * Crispy Chicken Sandwich * Fresh Baked Ham & Turkey Sub <p>Vegetables</p> <ul style="list-style-type: none"> Golden Corn <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Desserts</p> <ul style="list-style-type: none"> Cookie Dunker <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> * Made Fresh Goulash * Mozzarella Bosco Sticks with Marinara Dipping Sauce * Chicken Charcuterie Shaker with Roasted Flatbread <p>Vegetables</p> <ul style="list-style-type: none"> Mixed Vegetables <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> * Grilled Cheese Sandwich with Creamy Tomato Soup * Popcorn Chicken with Dinner Roll * Fresh Baked Combo Sub <p>Vegetables</p> <ul style="list-style-type: none"> Baked Beans <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> * Made Fresh Chicken Burrito Supreme * Cheese Pizza * Pepperoni Pizza * Crispy Chicken Deli Wrap <p>Vegetables</p> <ul style="list-style-type: none"> Steamed Broccoli Florets <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> * Made Fresh Glazed Chicken over Rice * Cheese Pizza * Pepperoni Pizza * Roasted Ham & Cheddar Deli Wrap <p>Vegetables</p> <ul style="list-style-type: none"> Steamed Carrots <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk
<p>Entree</p> <ul style="list-style-type: none"> * Made Fresh Macaroni & Cheese * BBQ Pulled Pork Sandwich * Fresh Baked Turkey & Cheese Sub <p>Vegetables</p> <ul style="list-style-type: none"> Peas <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> * Super Nachos * BBQ Rib Sandwich * Chicken Gyro Shaker with Fire Roasted Flatbread <p>Vegetables</p> <ul style="list-style-type: none"> Zesty Black Beans <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Desserts</p> <ul style="list-style-type: none"> Apple Crisp <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> * Made Fresh Loaded Hash Browns with Biscuit * Twisted Dog * Fresh Baked Italian Sub <p>Vegetables</p> <ul style="list-style-type: none"> Steamed Broccoli Florets <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> * Made Fresh Loaded Hash Browns with Biscuit * Twisted Dog * Fresh Baked Italian Sub <p>Vegetables</p> <ul style="list-style-type: none"> Steamed Broccoli Florets <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> * Made Fresh Loaded Hash Browns with Biscuit * Twisted Dog * Fresh Baked Italian Sub <p>Vegetables</p> <ul style="list-style-type: none"> Steamed Broccoli Florets <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk
<p>Entree</p> <ul style="list-style-type: none"> * Chicken Shaker with Flatbread <p>Vegetables</p> <ul style="list-style-type: none"> Peas <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> * Chicken Shaker with Fire Roasted Flatbread <p>Vegetables</p> <ul style="list-style-type: none"> Peas <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> * Chicken Shaker with Fire Roasted Flatbread <p>Vegetables</p> <ul style="list-style-type: none"> Peas <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> * Chicken Shaker with Fire Roasted Flatbread <p>Vegetables</p> <ul style="list-style-type: none"> Peas <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> * Chicken Shaker with Fire Roasted Flatbread <p>Vegetables</p> <ul style="list-style-type: none"> Peas <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk

<p>Entree</p> <ul style="list-style-type: none"> * Chicken Fajita * Mini Corn Dogs * Fajita Shaker with Tortilla Chips <p>Vegetables</p> <ul style="list-style-type: none"> Peas <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> * Made Fresh Chicken & Noodles w/ Dinner Roll * Country Fried Steak with Dinner Roll * Fresh Baked Ham & Cheese Sub <p>Vegetables</p> <ul style="list-style-type: none"> Mashed Potatoes with Country Gravy <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> * Beef Taco in a Bag * Crispy Chicken Sandwich * Ham & Turkey Charcuterie Shaker with Roasted Flatbread <p>Vegetables</p> <ul style="list-style-type: none"> Refried Beans <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Desserts</p> <ul style="list-style-type: none"> Fresh Baked Carnival Cookie <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> * Made Fresh Spaghetti * Chicken Nugs with Garlic Breadstick * Fresh Baked Combo Sub <p>Vegetables</p> <ul style="list-style-type: none"> Green Beans <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> Summer Meals Coming Soon! <p>Misc.</p> <ul style="list-style-type: none"> No School
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